

Grundy County Board of Health

Monday, September 9th, 2019

Called to Order: 7:00am

The Grundy County Board of Health (LBOH) met on Monday, September 9th, 2019, at 7:00am in the Conference Room at the Grundy County Annex Building in Grundy Center, IA. Appointed board members present were: Beverly Meester, *Chair*; Dr. Charles LaTendresse, MD, *Vice Chair*; Jessica Eilers, RN; Dave Steff; Helene Wertz. Also present was: Barbara Smith, Grundy County Board of Supervisors; Eileen Daley, Black Hawk County Health Department (BHCHD) Child Health; Kim Howard, BHCHD Child Health; William Aukes, BHCHD 1st Five; Janelle Ballhagen, Allen Women's Health; Amanda Kirchoff, Waterloo Operation Threshold WIC; Michelle VanDeest, Grundy County Public Health (GCPH) Office Coordinator; and Katie Thornton-Lang, MAE, GCPH Program Coordinator.

Regular meeting of the LBOH was called to order by Meester. The minutes from July 8th, 2019 were reviewed. Motion to approve the July, 2019, minutes by LaTendresse; seconded by Eilers, carried; the minutes were approved as written. Minutes were signed by Chair, Meester.

Black Hawk County Presenters:

- Allen Women's Health - Janelle Ballhagen
 - Maternal Health (see attachments provided via email)
 - Advanced maternal health: can go to any provider, and still go to clinic
 - Title V funding, serves Grundy County
 - Provide "extra" services, including WIC and nutrition
 - Transportation is biggest issue with reaching patients
 - Brochures available, call to receive more
 - Family Planning
 - Title X funding; not funded for Grundy County, but serve many of our community members with private insurance
 - LARK birth control method provided
 - Unintended and teen pregnancy is concern, especially in rural areas
 - For unintended pregnancies, can offer options counseling to patients, but cannot identify who does what
- Operation Threshold WIC – Amanda Kirchoff
 - Serve about 200 people/year, between moms/infants-18years
 - 2018 sales about \$28,000, 1500 purchases from local grocery stores: Brothers Market, Hometown Foods, Trunks
 - Electronic cards, similar to SNAP; also use WIC phone app
 - Nutrition education can be done online through app/website; seen in person at least twice a year
 - Barcodes can be scanned through app to see what is met for nutrition guidelines

- Black Hawk County Operation Threshold staff satellites to Grundy County for monthly WIC clinic, along with 9 other sites on a regular basis and pop-up sites when needed
- 175% poverty limit to be eligible
- Even if from Grundy county, but live on edge of county or visiting another county where it is provided, they can be seen there.
- Black Hawk County Health Department Child Health Programs
 - Child Adolescent Health – Eileen Daley
 - Monthly basis, contacting newly enrolled eligible participants to educate about available services, linking to medical home close to home
 - Maureen Stockdale, Nurse Consultant, will be added to the Community Partners meeting address listserv
 - 1st Five – William Aukes
 - 3 clinics in Grundy County: Conrad, Reinbeck, and Grundy Center; Grundy Center is biggest referral clinic (10-16 referrals over past year, which is double state-wide average in referrals)
 - Will be making initiatives to reach Conrad and Reinbeck more, and reach a few more families
 - iSmile – Kim Howard
 - Success story in community: Dike-New Hartford school nurse inquired about a fluoride varnish program; due to fluoride rinses available from school, iSmile program decided to do the next level of services
 - A sealant program is available for all schools, which provides education and sealant; Reinbeck 2nd and 3rd grades participate
 - Other schools use iSmile as a gap filling for services provided (BCLUW, AGWSR, Grundy Center)
 - Dental hygienist and nurses provide these services
 - Partnering with WIC at satellite services

November, 2019, Meeting Date Determined: Regularly scheduled meeting date of 2nd Monday of the month needs to be adjusted due to government holiday on Monday, November 11th for GCPH representatives, so they can be present for meeting. Board determined that the following Monday, November 18th, 2019.

Water Testing: Grundy County Environmental Health Specialist/Sanitarian, Carie Sager, had emailed board regarding request from Hardin County to test Grundy County school buildings for lead in those schools that are dual district with their county schools. They offered to pay for and do the testing, but wanted LBOH “blessing” to do so first, as to not “step on any toes.” There was inquiry as to whether the water source is the issue, or pipes within the schools. Motion to to accept the offer, with gratitude, by LaTendresse; seconded by Stefl; carried. Thornton-Lang will follow-up with Sager regarding approval from board.

Success Story: Thornton-Lang discussed the performance measure required by the Local Board of Health Services grant to submit a success story. The due date is September 30th. GCPH has not completed this, but will do so within the week to email to the board for their perusal.

Septic System Updates: Inquiry as to where Grundy County and LBOH stand with previous septic system meetings. Smith said she would follow-up with Carie about where injunction stands in court and possible court dates. Information will be provided to board when available.

Public Health Report for July/August, 2019:

Local Public Health Services (LPHS) Grant

Collaborative Relations: GCPH representatives continue to attend Wellness Committee and Community Partners meetings, as well as other partnership meetings. Hardin County Public Health and Home Care have continued to provide Blood Pressure Clinics in Grundy County. They have not asked GCPH to help with promotion or referrals.:

- July numbers were not provided
- August
 - Conrad Library: 9
 - West View Estates, Reinbeck: 6
 - Wellsburg Library: 5
 - Grundy Center Senior Center: 12
- September Scheduled Clinics
 - Conrad Library: 9/16/19
 - Westview Estates, Reinbeck: 9/17/19
 - Wellsburg Library: 9/17/19
 - Grundy Center Senior Center: 9/18/19

Community Utility (Resource & Referral): 23 for reporting period July/August, 2019.

Health Education: GCPH continues to inform public about health education topics via social media and other outlets. GCPH worked with Rural Outreach Liaison, Lexie Hach, and GCPH interns to create a Health Station in the Grundy County Annex Building public restroom. Information was distributed to the public, via social media, on Monday, August 19th, for this service to the community.

Injury Prevention: The Sharps Disposal program received 8 sharps container during reporting period. The Annual Jail Inspection was conducted by GCPH representatives at Grundy County Sheriff's Office. There was 1 education on bike helmets distributed to the community.

Immunization (I4) Grant: There were 2 resource & referrals for immunization information to community members during reporting period. A latent TB (LTBI) patient is being treated within Grundy County. GCPH representatives dispensed medications and offered education once during reporting period to patient. Patient completed required dosages via the Iowa Department of Public Health (IDPH).

Substance Abuse Prevention (SAP) Grant: GCPH representatives and intern distributed various educational information on smoking prevention at the Felix Grundy Days Family Fun Festival in

July. 126 community members were reached during this event. GCPH collaborated with Pathways and Grundy Center School Resource Officer to offer education on anti-tobacco messages for Chalk the Walk with the YMCA Summer Program. 16 students were participated in this event.

PHEP: Thornton-Lang and VanDeest continue to attend scheduled meetings for the preparedness program.

MRC: The Grundy County Medical Reserve Corps. (GC-MRC) continues to help at various community events. There are 28 active volunteers.

Unit Activity Summary Report for reporting period May/June, 2019:

- 6 total number of activities
- 4 total number of MRC participants
- 4 total number of hours contributed
- \$193.68 economic value of contribution

Grundy County Safety Seat Program: Nationally certified Child Passenger Safety Technician, Thornton-Lang, continues to receive inquiries via social media, messaging, and phone about various car seat questions. 3 educational inquiries, 3 installations/educations, and 3 inspections/educations were conducted during reporting period.

Healthy Habits All-Stars: GCPH received a \$500 donation from GNB to continue to provide this program in county kindergarten classrooms for vaccination and proper hand hygiene education, to take place in Fall of 2019. Thornton-Lang completed and submitted a curriculum expansion for IDPH with the HHAS program, concussion and helmet modules. IDPH had previously contacted GCPH with a service agreement to complete this project. The deadline was September 30th, 2019, with an incentive of an additional \$100 if completed by September 1st, 2019. Thornton-Lang did submit before the September 1st deadline.

Total Community Contacts for Reporting Period July/August, 2019 = 187

Social Media Stats: Reached 8448 individuals for reporting period July/August, 2019. GCPH is active on the following social media sites: Facebook, Twitter, Pinterest, and Instagram. We also promote our county website on all social media platforms.

Motion adjourned at 7:47am; motioned by Wertz; seconded by Stefl; carried.

Next Scheduled Meeting Date: Monday, November 18th, 2019, 7:00am, Grundy County Annex Building Conference Room

Scheduled Meeting Topics:

Environmental Health Yearly Report – Carie Sager

Policy Updates

Public Health FY19 Programs & Budget Review

Respectfully submitted,

Katie Thornton-Lang, MAE

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Grundy County Public Health Program Coordinator

Beverly Meester

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Chairperson