Grundy County Board of Health

Monday, January 13th, 2019

Called to Order: 7:01am

The Grundy County Board of Health (LBOH) met on Monday, January 13th, 2020, at 7:00am in the Conference Room at the Grundy County Annex Building in Grundy Center, IA. Appointed board members present were: Beverly Meester, *Chair*; Dr. Charles LaTendresse, MD, *Vice Chair*; Jessica Eilers, RN; Helene Wertz. Also present was: Lexie Hach, Iowa Department of Public Health (IDPH) Rural Outreach Liaison; Barbara Smith, Grundy County Board of Supervisors; Katie Thornton-Lang, Grundy County Public Health (GCPH) Program Coordinator; Michelle VanDeest, GCPH Office Coordinator.

Regular meeting of the LBOH was called to order by Meester. The minutes from November 18th, 2019 were reviewed. Motion to approve the November, 2019, minutes by LaTendresse; seconded by Wertz, carried; the minutes were approved as written. Minutes were signed by Chair, Meester.

Board Member Updates: Dr. Charles LaTendresse was reappointed as the County Medical Examiner by the Grundy County Board of Supervisors (BOS) on December 30th, 2019. Jessica Eilers, RN, was reappointed to the Grundy County LBOH on December 30th, 2019. These reappointments will be updated by Grundy County Public Health (GCPH) personnel to the Iowa Department of Public Health (IDPH). Meester's and Wertz's terms will be up at the end of 2020, and they will be resigning. They are unsure of procedures for not continuing terms; Thornton-Lang will clarify procedures with Regional Consultant. It was suggested to contact MRC volunteers to gather interest, and let BOS member, Heidi Nederhoff, of changes. Meester has agreed to stay on as chair for final year, and LaTendresse as vice-chair; Meester motioned, Eilers seconded; motion carried for continued chair and vice-chair. BOS member, Jim Ross, has been the LBOH representative for the Grundy County Landfill Commission for many years. It is unclear how he became the LBOH representative. It will be discussed with him to possibly attend future LBOH meetings, as an acting liaison.

New Policies Approval: GCPH personnel created a Social Media Policy. This policy was sent to Grundy County Attorney, Erika Allen, for suggestions and the final proposed policy was distributed to board members prior to the meeting. There were no suggestions for changes. The policy is hereby enacted by the Grundy County Public Health department, with a motion by LaTendresse, seconded by Meester; approved by all and signed by Meester.

Public Health Programs/Budget Review: GCPH personnel updated board on public health programs and reviewed the FY20 budget, as well as FY21 budget submitted to Grundy County Auditors/BOS for approval. GCPH is scheduled to discuss budget with BOS on Monday, January 27th, at 9:00am. GCPH had to update budgets for FY20, as there was a learning process with this, with GCPH initially adding in county support of \$72,000 to the FY20 budget, which was not

needed; only need to add in what we expected to spend total with expected grant support and wages/benefits. As of this meeting date, there will no longer be a PHEP grant, due to changes with fiscal agents among the state designated sub-service areas. The board has asked GCPH personnel to reach out on behalf of them to Lisa Sesterhenn (PHEP Grant Coordinator) for more specifics on these PHEP grant changes. We discussed application of other grants that have been available in the past and no longer available at the state and federal levels. GCPH did apply for a grant to the Community Foundation of Northeast Iowa/Grundy County Community Foundation for bike safety initiatives. Grundy County Memorial Foundation (GCMH) grant information was discussed, in that GCPH has applied for these grants in the past, and did not receive the last grant applied for, due to "not meeting the initiatives" that the grant requires. Meester mentioned another possible opportunity in April: the 100 Women's Plus group accepts project proposals and members in the community who are involved in the group can present. GCPH personnel has also reached out to various places in our area for mini-grants, and are working with others on grant initiatives and prospects.

Public Health Report for November/December, 2019:

Local Public Health Services (LPHS) Grant

Smith has been attending the Leadership Academy online sessions and enjoying what she is learning from the sessions. Some great discussions have been had with her attendance. Collaborative Relations: GCPH continues to attend Wellness Committee, Community Partners, as well as other partnership meetings. Greenbelt Homecare/Hardin County Public Health Department (GBHC)) have continued to provide Blood Pressure Clinics in Grundy County (see attachment). Program Coordinator, Katie Thornton-Lang, participated in meeting with Grundy County memorial Hospital (GCMH), regarding this service. They were curious how it came to be that GBHC began providing these clinics in Grundy County, and discussion was had for possible future on these services. An inquiry as to if GCPH can do these was made. VanDeest explained a discussion held with IDPH Regional Consultant, Heather Bombei, on this matter. Bombei stated to VanDeest that GCPH is "on the right track" with how we are operating, and Hach agreed. Community Utility (Resource & Referral): 12 for reporting period. There is a new transportation service beginning for Grundy County. Thornton-Lang will distribute the information to interested parties following the meeting. Local resident, Lisa Bienfang, has started a new service to be able to provide various things for families in their homes, called At Your Service. Thornton-Lang will distribute her flier to interested parties following the meeting. Disease Outbreak & Investigation: There was a confirmed case of pertussis from Grundy County resident. Patient was a child who is not enrolled in a licensed or home childcare center. No other family member/close contact presented with symptoms or was tested. This was closed on 12/5/19 as an isolated case. Information on Hand, Foot & Mouth Disease was distributed to 1 local childcare center during reporting period.

Health Education: GCPH continues to inform public about health education topics via social media and other outlets. 1 dispenser, with condoms, was distributed to a local agency, per their request, to meet the needs of their cliental.

Injury Prevention: The Sharps Disposal program received 4 sharps container during reporting period. There were 100 poison control materials distributed to GCMH to share with their public CPR/1st Aid class participants.

Immunization (I4) Grant: There were 2 resource & referrals for immunization information to community members during reporting period. Flu campaign has continued between GCPH and local pharmacies. Informational flyers have been distributed via email to local newspapers, TV stations, clinics/physicians, libraries, schools, childcare centers, and other community partners. Information is shared weekly on social media. Immunization Audits for Grundy County have been completed. Audits were completed at 24 county sites, 19 during the current reporting period: 12 schools and 12 childcare centers. There were 99.96% total valid certificates in Grundy County schools, and 100% valid certificates in childcare centers. For more specific numbers, please contact GCPH personnel. Program Coordinator, Thornton-Lang, began implementing a stamping process on all certificates last year for audits, which made this year's audits much less time consuming and thorough.

Substance Abuse Prevention (SAP) Grant: LifeSkills programming continues in county schools. Program Coordinator, Thornton-Lang, finished up sessions in Dike-New Hartford Elementary School in Dike with 3rd graders, as well as Timothy Christian School in Wellsburg with 3rd and 4th graders. Sessions began in Grundy Center, as well, and will begin in Reinbeck in January, 2020. 447 students were reached from this program, discussing substance usage and trends, as well as other skills, during reporting period. Youth Coalition meetings at Grundy Center Middle School have taken begun for the school year. The previous meeting discussed what initiatives the students would like to take on for the year, reaching 7 students. IDPH distributed Naloxone Kits for interested public health agencies to keep in their places of business in the event of an opioid overdose. GCPH personnel were recently trained on this topic, and GCPH received their kit in collaboration with IDPH.

<u>PHEP</u>: Thornton-Lang and VanDeest continue to attend scheduled meetings for the preparedness program.

MRC: The Grundy County Medical Reserve Corps. (GC-MRC) continues to help at various community events. There are 29 active volunteers.

Unit Activity Summary Report for reporting period November/December, 2019:

- 25 total number of activities
- 28 total number of MRC participants
- 93 total number of hours contributed
- \$3165.87 economic value of contribution

<u>Grundy County Safety Seat Program</u>: Nationally certified Child Passenger Safety Technician, Thornton-Lang, continues to receive inquiries via social media, messaging, and phone about various car seat questions. 1 educational inquiry and 1 installation/education were conducted during reporting period. Thornton-Lang had her first meeting with the CPS State Advisory

Committee in December, 2019, via Phone Conference. This group will meet bi-monthly to discuss trends on child passenger safety, as well as updates to state curriculum and other safety aspects.

Healthy Habits All-Stars: GCPH received a \$500 donation from GNB to provide this program in county kindergarten classrooms for vaccination and proper hand hygiene education. Presentations were completed during reporting period, reaching 98 students. Program Coordinator, Thornton-Lang, presented program information for both sessions (vaccinations and hand hygiene) at local Grundy County Community Partners meeting in November, 2019. 26 individuals were reached from this presentation. The previously submitted expansion to HHAS programming, for concussions and bike safety, is up and running on the HHAS website through IDPH. GCPH Program Coordinator created this curriculum for use classrooms throughout the state and beyond. You can visit https://idph.iowa.gov/Healthy-Habit-All-Stars to learn more about the program, as a whole. If you would like to view Thornton-Lang's submitted/accepted curriculum, click on the links on the left-hand side of the above website.

<u>Total Community Contacts for Reporting Period November/December, 2019</u> = 720. From July through December of FY20, GCPH has increased contacts by 143. These contacts run directly through GCPH and not social media.

<u>Social Media Stats</u>: Reached 30,151 individuals for reporting period November/December, 2019 (Pinterest analytics were available for reporting period). GCPH is active on the following social media sites: Facebook, Twitter, Pinterest, and Instagram. We also promote our county website on all social media platforms.

Motion adjourned at 8:19am; motioned by Meester; seconded by Eilers; carried.

Next Scheduled Meeting Date: Monday, March 9th, 2019, 7:00am, Grundy County Annex Building Conference Room

Scheduled Meeting Topics:

LPHS Grant Activities for FY21 Policy Updates (as needed)

Public Health FY19 Programs & Budget Review (as needed)

Respectfully submitted,

Ku Thomston-Larg, MAE
Katie Thornton-Lang, MAE

Grundy County Public Health Program Coordinator

Beverly Meester

Chairperson