

BE READY ★

MAKE A PLAN ★

PREPARE A KIT

MEDICATIONS
★
BAGS
★
RADIO
★
TOILETRIES
★
FLASHLIGHT
★
FOOD
★
WATER

DISASTER KIT

WHISTLE
★
CLOTHING
★
BEDDING
★
TOOLS
★
DOCUMENTS
★
MONEY

First Aid Kit:

This kit should include enough items for your family for 72 hours or more. Remember to have extra supplies for neighbors.

Food:

Keep a seven day supply for each family member. Remember to have special foods for infants, babies, elderly, persons with medical conditions and pets.

Water:

Have at least one gallon of drinking water per person per day for a seven day supply. Remember to have additional water for pets, cooking and sanitation.

Sanitation Items:

A five gallon bucket with lid, trash bags, toilet paper, washcloths, feminine supplies, bleach, and a small shovel. Keep waste away from people and food.

Other Items to Consider:

Extra photo I.D., gloves, heavy boots, hand tools, duct tape, tarp, matches, blankets, cash, portable radio, batteries, whistle, dust masks, bug repellent, and multiple flashlights.

Grundy County Public Health

Emergency Dial 9-1-1 • (319) 824-6312

"Be Aware...Be Prepared"

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